Caring for Kids 5k/fun run
Health & Fitness Fair

What: 1 mile fun run (walk or run for kids 12 & under) and health & fitness fair
When: Saturday, September 18; registration at 9:30am, race starts at 10am
Where: track and field between Byrnes Freshman Academy and Beech Springs Intermediate
FREE to participate! Games & activities! Have fun with fitness and nutritional tips!
For more information visit: www.ISAACSFRIENDS.com

Thank you for running in this year's 1 mile fun run! Everyone that completes the race (walk or run) will get an award AND a ticket for the grand prize drawing. There will be awards for the winners of the race too (boy and girl 1st place).
Optional: You can **do something really special to help others**, something that will make a big difference to other kids in your community – by raising pledges for your race, you will be helping sick and injured kids in the hospital to feel better and let them know you care about them. Donations collected will benefit *Isaac's Friends* – a local charity that **helps kids in the hospital** every day by doing fun things with them like playing video games, reading, coloring and doing crafts. You can help by asking friends & family to donate money as a pledge for you completing the 1 mile fun run. You can do it! Fill out this form and bring it along with the donations you collect with you to the race. Everyone that brings a pledge sheet will get an extra ticket for the grand prize drawing! Checks can be made to: *Isaac's Friends*. **SEE YOU AT 9:30 AM ON SATURDAY, SEPTEMBER 18!**

Student name: _____ School: __ _____ Grade: _____

Name	Address	e-mail	Amount $	Paid (Y/N)